

# PERSATUAN PANDU PUTERI MALAYSIA GIRL GUIDES ASSOCIATION MALAYSIA



CLOVERS PROGRAMME (Aged 18 – 30 years old)

### **Overview of Clovers Programme**

### What are Clovers?

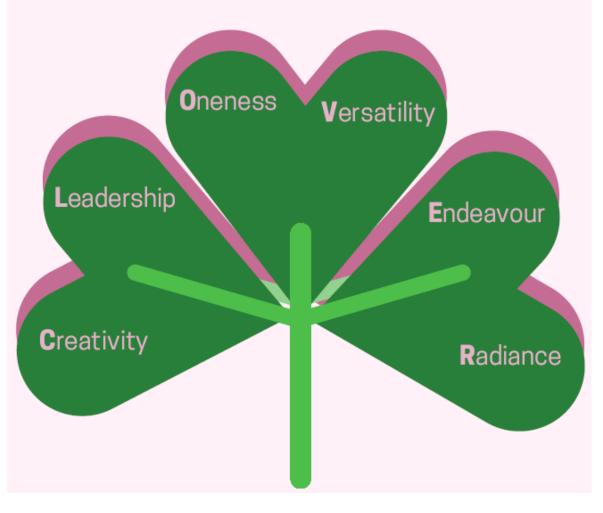


Just like the tiny plant itself, Clovers symbolise strength and humbleness. In the context of guiding, the Clover, although tiny, embodies the spirit of a powerful young woman in our world today.

The Clovers Programme is a programme under Girl Guides Association Malaysia designed for young ladies aged 18-30. It aims to develop their personal and professional growth as well as keeping the guiding spirit alive. The young ladies who participate in this programme are called Clover Guides. Open to both Girl Guide members and non Girl Guide members. The programme is flexible according to one's own personal path and pace. It offers a communal learning experience towards a holistic self-development and well-being.

## **Core Principles**

Our 6 core principles are based on the word "CLOVER". Each letter is given a meaning which the Clover Programme strives to uphold. A Clover guide who has completed/is part of the programme will achieve these qualities.



### **Core Principles/Values**

The **CLOVER** programme is filled with various concepts designed to influence young women ranging between 18 to 30 years old as an effort to develop leadership skills, traits and qualities to help their transition into adulthood.

The core principles of the CLOVER Programme are emphasized in **six** different categories:

- Creativity Pushing guides to be critical and innovative individuals, who are capable of problem-solving and creating interesting solutions to guiding
- Leadership To encourage other inspiring guides to take on leadership roles with confidence, in any professional or casual settings.
- Oneness To move as one in the spirit of guiding to bring positive changes and impact to the community.
- **V**ersatility To ensure that guides are capable of adapting to different situations and environments.
- Endeavour To encourage guides to face challenges in order to achieve goals
  in
  life.
- Radiant Spread cheer and happiness to all.

### **OBJECTIVES**

The Clover programme is built on the foundation of three pillars: *Personal & Professional Development, Outdoor & Adventure* and *Active Citizenship & Community.* Young women have the opportunity to:

- Apply knowledge and skills learned in various fields into their daily life or be a mentor to others to achieve excellence in personal growth.
- Explore and enjoy a range of outdoor and adventure activities that enhances and contributes positively to their physical and mental wellbeing.
- Able to initiate and support the community's initiatives to improve social welfare and justice.

# introduction to pillars



FUNDAMENTAL PRINCIPLES OF GIRL GUIDING

### **PROGRAMME PILLARS**

The Clover Programme is made up of three main pillars. Each of these pillars encompasses a variety of topics and issues that are relevant to young women today:

### PERSONAL AND PROFESSIONAL DEVELOPMENT

This pillar focuses on the development of personal and professional competence. You will continue to incorporate post-schooling activities with guiding in a more holistic spectrum and adopt continuous professional development while sharing and giving back to the girl guiding community. You will be able to develop leadership & soft skills that will enhance employability as well as engaging in fun, interesting and lifelong learning related activities.

#### **OUTDOOR AND ADVENTURE**

This pillar focuses on recreational, extreme adventures and psychic activities. You will experience taking charge in the outdoors, getting sweaty, and being active physically and mentally. Through the activities in this pillar, you will be able to gain new experiences and stretch your comfort zone. You will also be able to develop and improve skills such as teamwork, networking, creative thinking and time management.

#### **ACTIVE CITIZENSHIP AND COMMUNITY**

This pillar focuses on exploring opportunities to young women to play their part more actively as citizens of the nation as well as the world. Through the activities in this pillar, you will be able to develop skills on being active citizens in bringing a change to the community while going through these activities. You can also make a change in the community through active involvement by volunteering in activities and community services while being an advocate on global issues.